

NO:	NAME	ADDRESS	POST CODE	CONTACT DETAILS	SERVICES
1	European COPD (Chronic Obstructive Pulmonary Disease) Coalition			http://www.copdcoalition.eu/	Educational videos about Chronic Obstructive Pulmonary Disease (COPD)
2	FRANK			0800 776 600, frank@talktofrank.com , www.talktofrank.com	Friendly, confidential drug advice
3	Kick it, Stop Smoking Service	7 Galena Road, Hammersmith, London	W6 0LT	020 3434 2500, www.kick-it.org.uk/index.php/find-your-local-stop-smoking-service/#hf	Provides with six, free, weekly sessions of help and support to get through the hardest part of quitting. You can expect top quality advice on medications that can help along with support on the really difficult bit - changing your behaviours and habits
4	SMOKEFREE			www.nhs.uk/smokefree	Free, local and effective. NHS Stop Smoking Services offer support that works
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