

NO:	NAME	ADDRESS	POST CODE	CONTACT DETAILS	SERVICES
1	Age UK Kensington and Chelsea	1 Thorpe Close, London	W10 5XL	020 8969 9105, www.ageuk.org.uk/kensingtonandchelsea	Provide a wide range of services to older people including homecare, IT coaching, volunteer escorts and befrienders, de-cluttering, information and advice and support for people with dementia
2	Carers Kensington and Chelsea	Carers Kensington and Chelsea, Carers UK, 20 Great Dover Street, London	SE1 4LX	0800 032 1089 (free from a landline), kandc@carersuk.org	Provides information, advice and support to people who look after a friend or family member who could not manage without their help. Advice provided on range of areas such as benefits, the support available from different agencies - and how to access them, other local services that can support carers, help with how to get support for the person you are looking after (including community care)
3	Chelsea Citizens Advice Bureau	Old Town Hall, Kings Road, London	SW3 5EE	0844 826 9708 (ADVICE LINE) 020 7361 4174 (MESSAGE LINE), www.kensingtonandchelseacab.org.uk	They provide free, confidential and impartial advice for people who live, work, or study in the Royal Borough of Kensington & Chelsea.
4	Dadihiye Somali Development Organisation	1 Thorpe Close, London	W10 5XL	020 8960 4133 or 07956191302, dadihiye@gmail.com or dadihiye@dadihiye.co.uk, www.dadihiye.org	Provides daily drop-in and phone advice, information, advocacy and guidance on housing, welfare benefit, education, employment, health and training, and also makes referrals to immigration solicitors, GPs and professional specialist advice workers
5	Do-it Volunteering made it easy			www.do-it.org.uk	Help people who want to volunteer quickly and easily
6	Eritrean Elders Welfare Association	2 Thorpe Close	W10 5XL	020 8964 1277, eewa@btinternet.com	Provides support in literacy and numeracy and provides advice, guidance, advocacy
7	Full of life	Kensal House, Ladbroke Grove, London	W10 5BQ	020 8962 9994, office@fulloflifekc.com, www.fulloflifekc.com	Provides information for children with disabilities or special educational needs and their families who live in Kensington and Chelsea, family support, carers advocacy, parent partnership and services for young people
8	Health Vision UK	The Network Hub (Unit 113), 300 Kensal Rd, London	W10 5BE	020 7372 2895, info@healthvisionuk.co.uk	Provide services which includes companion care, practical domestic help, personal care, palliative and terminal care, complex and high needs care, dementia, mental health and learning disabilities
9	Kensington & Chelsea Mind	Office 1, 7 Thorpe Close, London	W10 5XL	020 8964 1333, enquiries@ kcmind.org.uk, www.kcmind.org.uk	Mind provides information and services supporting and promoting the recovery, growth and wellbeing of people suffering from mental distress.
10	Kensington Citizens Advice Bureau	2 Acklam Road (on the corner of Portobello Road), London	W10 5QZ	0844 826 9708 (ADVICE LINE) 020 8962 3485 (RECEPTION)	They provide free, confidential and impartial advice for people who live, work, or study in the Royal Borough of Kensington & Chelsea.
11	Macmillan Centre	Medical Day Unit, Chelsea and Westminster Hospital, 369 Fulham Road, London	SW10 9NH	020 3315 2386, macmillan@chelwest.nhs.uk, www.macmillancentre.org.uk	Provides information, support, complementary therapies. Volunteering opportunities are also available

12	<b>NOVA new opportunities</b>	2 Acklam Road London	W10 5QZ	020 8960 2488, <a href="http://www.novanew.org.uk">www.novanew.org.uk</a> , <a href="mailto:admin@novanew.org.uk">admin@novanew.org.uk</a>	Provides ICT training covering the Microsoft Office Suite is taught in-house to help unemployed and low waged people into work, further training or higher education and supporting students into work. Also provides volunteering opportunities
13	<b>Nucleus Legal Advice Centre</b>	298 Old Brompton Road, London	SW5 9JF	020 7373 4005	Offer confidential advice and assistance, mainly but not only on Debt, Housing and Welfare Benefit issues
14	<b>Open Age</b>			020 8964 1900, <a href="http://www.openage.org.uk">www.openage.org.uk</a>	Open Age is open to everyone over 50. Provides over 350+ weekly activities to over 3,500 members across Kensington & Chelsea, Westminster, and Hammersmith & Fulham. This pioneering charity provides vital resources and opportunities across a truly diverse range of interests and needs for older people who would like to lead an active life. New to Open Age's extensive programming in Kensington & Chelsea this Autumn term are: Practical Ipad Projects; Beginners' French; The Newsletter Group; and Lip Reading for Improvers, all of which run alongside existing activities including: Chair Zumba; Art History; Music Appreciation; Singing for All; and Mosaics & Ceramics, to name just a few.
15	<b>Oremi Resource Centre</b>	Unit 3 Trellick Tower 5 Golborne Road, London	W10 5PA	020 8964 0033	Provides day centre, advice & information, outreach visits, community programmes, health promotion, community carer support service to African and Caribbean people and Arabic speakers who may be in need of mental health support services.
16	<b>Paul's Cancer Support Centre</b>	1st Floor, 20-22 York Road, London	SW11 3QA	020 7924 3924, <a href="http://www.paulscancersupportcentre.org.uk">www.paulscancersupportcentre.org.uk</a>	Provides information, home visiting, outreach, health professional services and volunteering opportunities
17	<b>Pepper Pot Day Centre</b>	1a Thorpe Close, Ladbroke grove	W10 5XL	020 8968 6940	Day Centre offering services to the older members of the African/Caribbean community in Kensington and Chelsea. Also provide volunteering opportunities
18	<b>RainTrust</b>	Canalside House, 383 Ladbroke Grove, London	W10 5AA	020 8964 2727, 07875 296 155 (Out of Hours)	Offers assistance and support to those suffering long-term conditions, including those living with, affected by and at risk from HIV and volunteering opportunities
19	<b>Stepping Stones Project</b>	Canalside House, 383 Ladbroke Grove, London	W10 5AA	0208 960 3722, <a href="http://www.voluntarywork.org.uk/projects/display/project/6/show/project">www.voluntarywork.org.uk/projects/display/project/6/show/project</a>	Supports people with mental and physical health needs to enable them to participate in volunteering. Also provides guidance and training to Volunteer Involving Organisations with placements
20	<b>The Advocacy Project</b>	73 St. Charles Square, London	W10 6EJ	020 8969 3000, <a href="mailto:info@advocacyproject.org.uk">info@advocacyproject.org.uk</a> , <a href="http://www.advocacyproject.org.uk">www.advocacyproject.org.uk</a>	The Advocacy Project provides free, independent and confidential Advocacy and User Involvement services in local communities within London.
21	<b>Volunteer Centre Kensington &amp; Chelsea</b>	Canalside House, 383 Ladbroke Grove, London	W10 5AA	0208 960 3722, <a href="http://www.voluntarywork.org.uk">www.voluntarywork.org.uk</a>	Promotes volunteering opportunities, Connect volunteers with organisations that need help, Run a back-to-work job club supporting people with job search skills
22	<b>Woman's Trust</b>	PO Box 70420, London	NW1W 7QLT	020 7034 0303/0304, <a href="mailto:admin@womanstrust.org.uk">admin@womanstrust.org.uk</a> , <a href="http://www.womanstrust.org.uk">www.womanstrust.org.uk</a>	Provides free confidential, independent support to women affected by domestic violence - whether in the past or present - in London. Also provide expert training to those in the public voluntary sector working with women and children affected by domestic violence in areas including housing, social services, children's services and health and provide one-to-one counselling and groups to all women aged 18+. All the services are free.

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