

MENTAL HEALTH PROJECT GROUP
Westminster and Kensington & Chelsea
10th September 2013

Item	Agenda item:	Action
1	<p>Introductions;</p> <p>The group were introduced to the work of the MH project group by Ivan Moore, members of the group represented a cross section of local communities; MH service users, MH carers, local residents, NHS workers, local third sector providers and housing support workers.</p>	
2	<p>Healthwatch:</p> <p>Members were introduced to the role of Healthwatch locally, taking over from the previous entity – LINKs, the difference being that HW RBKC is working in line with HW H&F and HW Westminster under the umbrella of Healthwatch Central West London (CWL).</p> <p>Members queried how Healthwatch set its priorities for its term. HW priorities have been set by the members, some of the work follows on from the success of previous LINK projects, other work streams have been set through the HW launch events and from local NHS/local intelligence, by understanding the landscape and how future changes will affect the local health and social care environment</p>	
3	<p>Dr Emma Coore (GP Mental Health Lead CLCCG)</p> <p>Dr Coore presented to the group on ‘Shifting Settings of Care’ (members can be forwarded a copy of Dr Coore’s presentation).</p> <p>Members were interested to find out about the primary care MH team and how the impact of the new liaison nurses will be felt across the boroughs, members felt that it would be an important part of the role of Healthwatch to work closely to assess the impact from the patient and carer perspective.</p> <p>Members would like further information about the training that the new MH team will make available for GP’s and how service users can be involved in the training.</p>	<p>HW to keep in close contact with CCGs to engage with</p>

	Members stated that it is very important for the MH team to keep good contact with local carers groups and other third sector organisations.	local patients, service users and carers
4	<p>Project group priorities</p> <p>Members got in to two groups to discuss what they felt should be key priority areas for the HW project group, following much discussion there was two themes arising:</p> <p>Care planning: Members were very interested in how service users could be better informed about their own care plan, what it meant and who can access it. Discussion was had about how care planning can affect every aspect of the patient pathway and how it would be useful if it was planned more collaboratively with key workers/support workers and carers.</p> <p>Members also discussed making the plan more holistic, taking wider determinants that affect someone's mental health in to consideration such as: housing, finance, benefits, family, social isolation and leisure/fun.</p> <p>Hospital discharge: Members discussed needing to ensure that this process was more seamless, members had experienced a breakdown in transference from hospital in to the community creating a situation where the patient is left alone and isolated and unable to ask for help.</p> <p>Carers explained that this process can also be very hard work for them, putting pressure on the family and not knowing how to access services.</p>	HW to formulate project plan from priorities
5	<p>AOB</p> <p>Members were informed and updated about the K&C LINK mental health services report which was carried out earlier this year.</p> <p>Healthwatch members informed the group about forthcoming meetings/events:</p> <ul style="list-style-type: none"> • Out of hospitals group • Complaints event • Dementia project group • Young people and sexual health group • Cancer project group • Stroke event 	Members invited to bring 2 minute update of their work/experience to the next meeting